



Suggested Meeting Guide

Begin with Coffee and Conversation (10-15 minutes)

Sharing a cup of coffee, tea, or juice fosters friendship and community. Your group also may want to have snacks during this time. Whatever you choose, keep it simple and invite your women to take turns providing the refreshments.

Leader Gathers Women and Opens with a Simple Prayer (5 minutes)

For example, “Father, we ask that You would be present with us, that You would guide and teach us as we study Your Word, and that our words and discussions would be pleasing unto You. Father, we thank you for every woman here today and ask that You speak to her heart. In the Name of Jesus, Amen.”

Leader Guides the Group through the Bible Study (30-45 minutes)

Using whatever material you have chosen for study, guide your group through a discussion of the material. Regularly remind your group of the *ABCD's of discussion*:

A-Audible (be loud enough for all to hear)

B-Brief (keep it short and to the point)

C-Christ-centered and Content-centered (stay focused)

D-Discuss without Division (avoid politics, denominations, controversial issues)

Don't forget to assign homework for the next Bible study.

Leader Closes in Prayer (5 minutes)

♥ We have found that it is best not to encourage your women to verbally share their prayer requests during the NBS, particularly since this can consume a significant amount of time. Remember, you are leading a Bible study, not a prayer group. However, sharing prayer requests is vital to the health of your NBS. Therefore, we recommend collecting written prayer requests and sharing them in one of a variety of ways with the group.